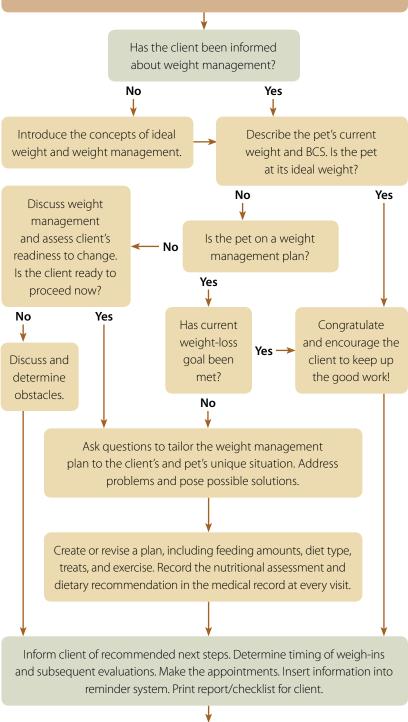


Weight Management Algorithm

Take a full dietary history and perform a physical exam. That exam should include a nutritional assessment with body condition score (BCS) and/or muscle condition score (MCS). Explain what you are doing as you do it. Record the nutritional assessment and BCS/MCS in the medical record.



Re-evaluate and reweigh periodically. Create next goal at each weigh-in.

