



# Your dog is *special*

**Your dog's age  
and breed matter.**

Talk to our team about  
how we tailor the care we  
provide based on your dog's  
individual needs.

Learn more about the **2019 AAHA Canine Life Stage Guidelines:**

[aaha.org/caninelifestage](https://aaha.org/caninelifestage)



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# What's your dog's life stage?

## Puppy

**STARTS:**  
At birth

**ENDS:**  
6-9 months of age, the end of rapid growth

## Young adult

**STARTS:**  
6-9 months of age

**ENDS:**  
3 to 4 years of age, the completion of physical and social maturity

## Mature adult

**STARTS:**  
3-4 years of age

**ENDS:**  
Beginning of the last 25% of the estimated lifespan, which is breed and size-dependent

## Senior

**STARTS:**  
The last 25% of the estimated lifespan

**ENDS:**  
At the end of life